# Reading: Luke 23:55-56

### Josh Sharpe (04.11.20)

**55**The women who had come with Jesus from Galilee followed Joseph and saw the tomb and how his body was laid in it. **56**Then they went home and prepared spices and perfumes. But they rested on the Sabbath in obedience to the commandment.

Jesus is dead and it is the sabbath. Imagine what this would have meant for his followers and family.

Just hours before, on Friday, Jesus was hanging from a cross with his body broken and battered. He died in agony and the scene was gut wrenching, to say the least, for those that loved him. They were able to retrieve his body and quickly make immediate burial preparation just in time before sabbath started on Friday evening.

Before everyone knew it, Saturday had arrived. The seventh day of the week. The sabbath day. The sabbath was meant for man’s good so that they could rest from their labor and cease all work. For the disciples this meant a time of grieving and they could literally do nothing else. They could not finalize preparations for burial or go to mourn at Jesus’ tomb. They couldn’t even cook food. The had to sit and wait in what probably felt like total emotional and spiritual silence.

You see, when our hearts are grieved we always find it helpful to stay busy. As we are active in going places, making preparations, organizing details, cooking meals and cleaning up, we find little spaces of respite from our grief. But Jesus’ disciples couldn’t do any of those things. They had to sit in the silence of inactivity with only their thoughts, misunderstandings, raw emotions, and prayers to comfort them.

After the most momentous event in the history of the world everything went silent. But God was working in the waiting. In that momentary silence they felt and believed that it was all over, but little did they know that it was just about to begin. This silence was the calm before the storm that would take place in just a few hours. Jesus Christ was not finished, he was working in their waiting to bring about a new beginning that would be revealed in the resurrection. When they thought it was over, God was just getting started.

As we sit locked away in the silence and inactivity of our homes this week, let us remember that God is always speaking and active in ways that we least expect. While we sit and wait God is working. So let us fix our eyes on the one who is in complete control and is purposefully working out all events to His desired end, Jesus.